

Idaho Lives Project *Sources of Strength*™ Application Cover Letter

Thank you for your interest in the Idaho Lives Project's *Sources of Strength*™ program for middle/junior and senior high schools.

Attached are the application for the 2020-2021 school cohort and the ILP *Sources of Strength*™ Overview. This is ILP's 10th school cohort since the Project's inception in 2013, and we are excited again to offer this opportunity to bring training for suicide prevention and ongoing wellness to Idaho's schools.

We want schools to be successful in their application process. There are a few steps that can improve your chances of success. First, we recommend that you closely review the two attachments. Second, you might consider inviting a few colleagues to work together on the application. Third, during the narrative section, we strongly suggest that questions are answered as thoroughly as possible. We have noticed that schools that only use one or two sentences to answer any of these questions may not be competitive with other schools' submissions. Lastly, if you have **any** questions during the application preparation, please do not hesitate to reach out to us. We are happy to offer any applicant guidance on completing their application.

Please note, if your school has been affected by a sudden student or staff death in the 2019-2020 school year, or if yours is an ILP *Sources of Strength*™ legacy school from cohorts 1 – 6 (previously received this program between March 2014 and March 2017), please mark "yes" to the appropriate question on the application, and you will be contacted to answer a few additional questions.

New this year, a letter of approval from the school administrator *must* accompany your application. Please share this correspondence if someone else on your school team will be the lead contact for this submission. The **deadline for submission this year is midnight, Friday, April 17, 2020.**

Thank you for all you do for Idaho's youth.

Best wishes,



Kim Kane, MPA

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"There are few things more tragic than a fight against misery that is both winnable and unfought."

~ Thomas Joiner, PhD



The Idaho Lives Project is a partnership between the Idaho State Department of Education and the Idaho Department of Health and Welfare. The Project is funded by the Idaho Department of Health and Welfare's Suicide Prevention Program and the Garrett Lee Smith State/Tribal Youth Suicide Prevention and Early Intervention Grant from the Substance Abuse and Mental Health Services Administration.

Sources of Strength™ (Sources) in Schools - Overview

Eligibility

- This program is for Idaho public middle/junior and senior high schools.
- Legacy schools from cohorts 1-6 (previously received the program between March 2014 and March 2017) *are eligible* to reapply and **must** respond to additional questions provided upon application submission.
- Legacy schools from cohorts 7 – 9 are *ineligible to apply*. Contact ILP about Booster training.
- Elementary schools, please contact ILP for information about available training and materials.

Participating Schools Receive

- *Sources* Adults Advisor and Peer Leader trainings provided to their school in year 1
- *Sources* booster Adult Advisor and Peer Leader combined trainings to their school in year 2
- Suicide prevention gatekeeper training for all school personnel
- Stipends for *Sources* program: \$2,500 in year 1 (\$500 min. must be spent on Peer Leader activities)
- Ongoing support and technical assistance from *Sources of Strength* and the Idaho Lives Project

Participating Schools Requirements

- Commit to training by providing an appropriate location for and involve **all** school personnel in *one 2.5-hour Suicide Prevention Fundamentals Instruction: Schools™ training*. **This is a fundamental condition of participation in the Program. We will work with you to fit this training into your schedule.**
- Identify and support four to ten (depending on school size) Adult Advisors who have high relational connectivity with students to participate in *two full-day trainings* (one Adult Advisor training and one Peer Leader training), and to facilitate ongoing *Sources of Strength* activities with school Peer Leader teams (approx. 4 staff hours per month).
- Participation by school lead (and administrator-optional) in two 1-hour informational webinars.
- Participation by the Adult Advisors (administrator-optional) in one 1-hour informational webinar.
- Collect and report data in collaboration with *Sources of Strength* and the Idaho Lives Project to fulfill evaluation components of the Program.
- Nominate student Peer Leader teams, obtain active parental consent for student participation, and allow Peer Leaders to participate in trainings and conduct messaging activities.
- Provided appropriate training space for all required trainings

Selection and Other Information

- School selections are based on merit and completeness of the application.
- ILP will bring training to a cohort of ten schools per school year through the 2024/2025 school year.
- The attached application is for training to be provided fall semester 2020.

It is HIGHLY recommended that interested applicants visit the *Sources of Strength* website for more detailed information about the program at <http://sourcesofstrength.org>.

To apply for participation in the 2020/2021 program, complete the attached application and submit it along with an administrator approval letter as attachments in to Kim Kane at kkane@idaholives.org

NO LATER THAN midnight, Friday, April 17, 2020

For questions or more information *including application guidance*, visit our FAQ page at www.idaholives.org or contact Kim Kane at kkane@idaholives.org or Katie Walker at kwalker@idaholives.org.

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3. Please describe your school's ability to provide and leverage support for the successful implementation and sustainability of the program. Discuss how your school will handle staff turnover to ensure continuation of this program. Program continuity and sustainability is of a primary concern in selecting schools.
 4. So that we may form a clear idea of the needs of special populations within your school beyond the percentages provided for sub populations below, please describe these needs. Include information on ethnic diversity, socio-economic status, LEP, students of military families, students who are foster children, students of incarcerated parents, students identifying as LGBT, students of refugee families, students with disabilities, or any other relevant factors relating to special populations.
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Statistics

For questions 6-10, please provide estimates where actual numbers are not known.

Mark estimates with "est."

5. Number of completed suicides among students, school personnel or others whose suicides significantly affected the school or school community:

2019-20 school year: _____ in which month(s)?:

2018-19 school year: _____ in which month(s)?:

6. Number of incidents of student suicide ideation:

2019-20 school year: _____

2018-19 school year: _____

7. Number of bullying/harassment incidents:

2019-20 school year: _____

2018-19 school year: _____

8. Race - Provide the racial profile of the student body by percentage:

Hispanic:

Asian:

White:

American Indian:

Black:

Reporting 2 or more races:

Pacific Islander:

9. Special populations by percentage:

Percentage of LEP students:

Percentage of homeless students:

Percentage of students in foster care:

Percentage of refugee students:

Percentage of students identifying as lesbian, gay, bisexual or transgendered (LGBT):

Percentage of students qualifying for free and reduced lunch:

Once completed, please submit your application with a signed approval letter from your administrator (required) no later than **midnight, Friday, April 17, 2020.**

Submit your application and approval letter as attachments to kkane@idaholives.org

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